

LIGHTLY TREAD

From the album *Get Real*

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(note: "Hoda'ah" is Hebrew for "news flash"

"Hodayah" is Hebrew for "give thanks!")

CHORUS:

Lightly tread; spirit spread; make your bed; armor shed
All are fed; hear what's said; clear your head

When you were a child, running in the woods
Trees climbed for miles, wind said you could
Now gravity's in style, and you wish you would
Recall all you've understood

CHORUS

When you were a tree, you let your spirit fly
Offering your leaves, like children to the sky
There's no need to grieve, if you've forgotten why
Reach out as you cry

CHORUS

Hoda'ah: HODAYAH! Hoda'ah: HODAYAH!
Hoda'ah: HODAYAH! Hoda'ah: HODAYAH!

Can you feel your roots, nurturing the seed?
Can you feel the shoots, rise for all to see?
Slowly bearing fruit, branches and it leaves
Reach out as you breathe

CHORUS

Hoda'ah: HODAYAH! Hoda'ah: HODAYAH!
Hoda'ah: HODAYAH! Hoda'ah: HODAYAH!

Lightly tread: "moving on the earth..."
Spirit spread: "the reason for your birth..."
Make your bed: "first things first..."
Armor shed: "even if it hurts..."
All are fed: "show them what you're worth..."
Hear what's said: "the trees, the birds..."
Clear your head: "it's a temple, a church..."