

## **IT'S GOOD FOR YOU AND GOOD FOR ME**

From the album *Build It Back Again*

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Papa handed me a saw and pointed to a branch  
Up in a sprawling apple tree, I told him that I can't...  
"Cause I don't want to hurt the tree" He told me, "Don't you know...  
When we trim the branches back, it helps the apples grow"

So we sang this song to the tree:

It's good for you, it's good for me (3x)  
The pruning of the apple tree  
It's good for you... and good for me

Mama always held my baby sister in her arms  
She said, "I'm scared she'll stumble, I must shelter her from harm"  
One day she'll let her go, she fell; but it was for the best  
Sister learned to walk, and Mama's shoulders got a rest

Now they sing the song to each other:

It's good for you, it's good for me (3x)  
The pruning of the apple tree  
The bruising of the baby's knee  
It's good for you... and good for me

It was time for college and I hugged my folks goodbye  
We all were so excited, but it made my sister cry  
I said, "Although you're gonna miss me, you will smile soon  
"When I get my independence, you will get my room"

Now we sing the song to each other:

It's good for you, it's good for me (3x)  
The pruning of the apple tree  
The bruising of the baby's knee  
The stretching of our family  
It's good for you... and good for me (2x)